



## Update from the Consortium of Lancashire & Cumbria LMCs

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Tuesday 26<sup>th</sup> November

### Help Us Grow Our Audience

We understand that you are busy and are likely to receive many emails on a daily basis. However it is important for you to receive communications from us because **we can help and support you.**

We know there are many colleagues who do not receive our brieflet, so please help us by sharing this with your team and letting us know to add them to our distribution lists.

Contact Us

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### General Practice Alert State (GPAS)

You can see the latest SitRep results below. Results can also be found [on our website](#).

The data we do not receive prevents us from providing a robust picture to system partners and hinders our efforts to push for more support on your behalf.

We really appreciate you taking to the time to **help us to help you.**



9am - 11am - Blackburn Rovers Football Club, Ewood

## **West Lancashire**

Tuesday 3rd December

1pm - 3pm - West Lancashire Investment Centre

## **East Lancashire**

Tuesday 10th December

9am - 11am - Landmark, Burnley

Please email [Rebecca.Noblett@nwlmc.org](mailto:Rebecca.Noblett@nwlmc.org) to confirm your place.

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## **Prophylaxis Prescribing - North Cumbria only**

We would like to inform practices in North Cumbria that prophylaxis prescribing is now managed exclusively by Cumbria Health, under a Memorandum of Understanding (MoU) with NENC ICB. We would strongly advise practices not to undertake this work as it is unfunded and payment will not be provided for any associated activity.

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## **Online Visibility of Serious Diagnosis in the NHS App**

We are aware that of an item in the GP Intranet newsletter titled 'Online visibility of serious diagnosis in the NHS App'. Within this item there was an update from the Cancer Alliance Team reminding practices that in order to prevent incidents where patients view results in the NHS App before they have been informed of

their diagnosis, GP surgeries should disable online visibility on the patients' record. This pertains to the online visibility of certain documents that have been sent from Secondary Care relating to new cancer diagnoses.

The LMC does not believe that it is the responsibility of individual GP practices to turn off visibility on some sensitive documents sent from Secondary Care. Secondary Care specialist teams must ensure that the patient has been informed about any relevant diagnosis **PRIOR** to sending clinic letters to the GP Surgery. Once any letters reach the GP practice they will be scanned on to the patient notes. Anything contrary to this would serve to heap further unfunded work pressures onto General Practice. There is also the issue of this being contrary to good clinical practice, where it is expected that it is the responsibility of the investigating clinical team to inform the patient of the outcome of their investigations. We have had numerous instances where upset and tearful patients have presented to the GP to discuss their "new" cancer diagnosis. This is unacceptable.

There are also difficulties with practices turning off visibility temporarily, where they would need to ensure that this is reversed once the patient is informed of their diagnosis, creating a massive administrative burden on practices. There would also need to be appropriate headings on such letters to let the practice know that the patient is unaware of their diagnosis at present.

We are in discussions with the Cancer Alliance team about this matter and will keep you updated.

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**LAUNCH DATE - Cancer Prehab in Partnership with Football Community Organisations**

8 local Football Club Community Organisations have been announced to deliver Cancer Prehab to all cancer patients (18+) preparing for or currently receiving treatment. This includes patients receiving palliative oncology. This service will be self-referral only and initially will be a 1-year pilot, with the clubs looking to sustain the activity after this period. THE GO-LIVE DATE IS WEEK COMMENCING 6TH JANUARY.

Each session will include an hour of personalised exercise, followed by an opportunity to sit down with a brew and a biscuit whilst chatting with other attendees. When possible, the local trusts Macmillan information centre will also be in attendance, to provide advice and support where required.

The football clubs involved with this project are:

1. Accrington Stanley
2. Barrow AFC
3. Blackburn Rovers
4. Blackpool FC
5. Burnley FC
6. Fleetwood Town
7. Morecambe FC
8. Preston North End

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**Morecambe Bay Executive Lead**

From 2nd December, Tabitha Mitchell-Greaves will be covering Abi Askew on Maternity Leave and will be the Executive Lead for Morecambe Bay. Tabitha's email address is [tabitha.mitchell-greaves@nwlmc.org](mailto:tabitha.mitchell-greaves@nwlmc.org)

We would like to wish Abi all the best for her Maternity leave.

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### **Cameron Fund Trustee/Council Member Vacancy - North Cumbria only**

The Cameron Fund currently have a vacancy for a Trustee/Council Member in the North of England area. This area covers Cumbria, Durham, Tyne & Wear, Northumberland and Cleveland. You can find background information [here](#) on what is involved in being a Trustee plus a more formal Role Description [here](#).

If you are interested in the role or know of anyone who might be interested, please contact Jill, at [Jill.Rowlinson@cameronfund.org.uk](mailto:Jill.Rowlinson@cameronfund.org.uk) for further details on what is involved and how to apply.

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### **Orange Button Scheme - Lancashire & South Cumbria only**

Lancashire Mind have released new open-access course dates for Mental Health First Aid and Suicide First Aid (Orange Button approved courses!) - Please see below for more information.

#### [Orange Button Scheme](#)

The Orange Button Scheme has been running in Lancashire/South Cumbria for about 5 years and it is a way of identifying people that have undertaken suicide

prevention training, who now have the confidence to talk to others about suicide. It is a way of showing others in their community who are having thoughts of suicide, or are worried about somebody else, that they are:

- Comfortable to say / hear the word suicide
- Can listen without judgement
- Can inform people where to find help and support

The scheme began on World Suicide Prevention Day 2020 because Lancashire wanted to begin creating a community of Orange Button wearers. A community who want to challenge the stigma around the word suicide. A community that can listen non-judgmentally and be a first step to helping move people towards the information and support they need. It is not a substitute for counselling, mental health support or a crisis service. It is a community scheme made up of members of the public. It is about listening, information giving and signposting.

The training offered by Lancashire Mind is [MHFA-Mental Health First Aid](#) and [SFA –Suicide First Aid](#). It is fully funded and available to anyone living or residing in Lancashire/south Cumbria, face to face or online.

We can arrange in-house courses for teams, or individuals can attend our open-access courses - dates can be found [here](#)

Please feel free to contact Alice Newton-Leeming on 07856 913301 to discuss this further, or by email: [alicenewtonleeming@lancashiremind.org.uk](mailto:alicenewtonleeming@lancashiremind.org.uk)

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**Research Opportunity - Osteoarthritis**

Please find research opportunity [here](#) regarding Osteoarthritis.

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## LMC Training Events

Please see a list of upcoming training events being hosted by the LMC:

- [Sickness Management](#)

To book your place or find out more information, please contact

[Rebecca.Noblett@nwlmc.org](mailto:Rebecca.Noblett@nwlmc.org)

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## LMC Vacancies

2 out of our 5 Committees have seats available for GP representation:

- North Cumbria - 2 seats available
- Central Lancashire - 3 seats available

We are keen to hear from GPs, including GP Registrars/ Trainees, who may wish to get involved to represent your constituents. [Please let us know](#) if you are interested in being a LMC member or would like to find out more.







